

# Montrose Area School District

## Responding to Positive Cases and Quarantine Procedures

The following procedures are based on recently updated guidance from CDC and the Pennsylvania Department of Health (DOH). Please understand that the CDC and PA DOH COVID response and quarantine guidance may change again in the future and, if so, we will communicate such changes.

The close contact definition is generally 15 consecutive minutes. However, there are circumstances where 15 cumulative minutes, or less than 15 minutes, may be used.

### Question: What if I have symptoms associated with COVID-19?

#### **Answer:**

- Get a COVID-19 test and quarantine/isolate (stay home).

### Question: What happens if I test positive for COVID-19?

#### **Answer:**

- You must quarantine/isolate (stay home) for 5 calendar days.
- If you have a fever you must remain under quarantine until the fever is totally gone.
- IF, after the 5<sup>th</sup> day you have no symptoms, or the symptoms (other than fever) are significantly resolving you can come to school as long as you wear a mask correctly for the next 5 calendar days. This would include during physical activity such as participating in sports. (those choosing not to wear a mask, will need to continue to quarantine at home for these 5 days)

### Question: What if I am a Close Contact (exposed to someone with COVID-19) and have never been vaccinated.

#### **Answer:**

- If you have no symptoms: Quarantine (stay home) for 5 days. If possible, get a COVID-19 test on Day 5.
- IF, after the 5<sup>th</sup> day you still have **no** symptoms you can come to school as long as you wear a mask correctly for the next 5 days including during physical activity such as participating in sports. (those choosing not to wear a mask, will need to continue to quarantine at home for these 5 days)
- If you develop symptoms: Get a COVID-19 test and quarantine/isolate (stay home).

**Question: What if I am a Close Contact (exposed to someone with COVID-19) and have been vaccinated?**

**Answer:**

- IF you have no symptoms and have received a COVID-19 Booster (adults 18+ only), or completed at least both doses of the Moderna or Pfizer vaccine or a single dose of the J&J Vaccine: You may come to school as long as you wear a mask correctly for the next 10 days including during physical activity such as participating in sports.
- Get a COVID-19 test on Day 5 if possible.
- IF you develop symptoms: Get a COVID-19 test and quarantine/isolate (stay home).

**Question: What if I am a Close Contact (exposed to someone with COVID-19) and have previously tested positive (proof of test is required) within 90 days?**

**Answer:**

- IF you have no symptoms and have previously tested positive (within 90 days), you may come to school as long as you wear a mask correctly for the next 10 days including during physical activity such as participating in sports.
- Get a COVID-19 test on Day 5 if possible.
- IF you develop symptoms: Get a COVID-19 test and quarantine/isolate (stay home).

**Question: What if I am a household Close Contact and was never vaccinated or was vaccinated and not boosted more than 6 months prior (adults 18+ only)?**

**Answer:**

- **You will be** out of school for a total of 10 days (5 days of isolation with the case, plus 5 days of quarantine for the close contacts exposure). Household members may return to school on day 11 if symptom free but must mask for 5 days. (those choosing not to wear a mask, will need to continue to quarantine at home for these 5 days)

**Question: Can I use an at-home COVID-19 test to determine whether I'm COVID-19 negative in order to return to school?**

**Answer:**

- **No.** Though this type of test can give you an indication of your status, in order to maintain a level of consistent accuracy, the Montrose Area School District and will only accept COVID-19 test results from a test administered by a pharmacy or medical provider.